

—VEGGIES FOR— COOKS just like you.

PEACE OF MIND

Ever wonder where our food really comes from these days? Wonder no more. You'll know your farmer, and the prime Oregon soil she farms.

RESPONSIBLY FARMED

We farm with organic, sustainable methods, and even till the earth with draft horses whenever possible.

FRESH = DELICIOUS

All our vegetables are picked at their peak of ripeness and nutritional value. You never knew summer tasted this good.

SEASONAL

Let nature (and us) set your table in tune with the seasons, the way veggies taste best.

WHAT'S FOR DINNER?

Member-only access to delicious recipes specifically tailored to our CSA by CookWithWhatYouHave.com.

AND ALL FOR JUST \$4.75 A DAY!

Pick up a bag or more of bounty every week for less than \$4.75 a day for two people, or less than \$8.65 a day to feed a family of four.



COME VISIT US

Our **47th Avenue Farm** started on a faraway summer's day in 1996 on an oversize double lot in the Woodstock neighborhood of SE Portland. While most of our vegetable production now takes place in our other locations, we still host our Tuesday CSA drop there.

Luscher Farm is a 50-acre farm located at 125 Rosemont, just east of Stafford road. If you are interested in picking up produce at this site, please contact Lake Oswego Parks and Recreation at (503) 675-2549 or download the Luscher Farm CSA brochure from our website.

Our newest farm property is on **Grand Island**, an agricultural oasis just south of Dayton, Oregon. We have 38 acres there and we grow a mix of vegetable crops, cover crops and pasture.

You are invited to visit the 47th Avenue Farm at any of its locations. We offer tours, and have volunteer opportunities for folks who want to learn a little more about the place we live and how our food is grown. We are a working farm so please call in advance to schedule your visit.

Questions?

Call Laura Masterson at 971-645-3293
or email CSA@47thAveFarm.com

or visit our website:

www.47thAveFarm.com

ACCESSIBLE TO EVERYONE

Please contact us if you are interested in using SNAP or DUFEB to join our CSA



2023

SUMMER CSA FARM SHARES

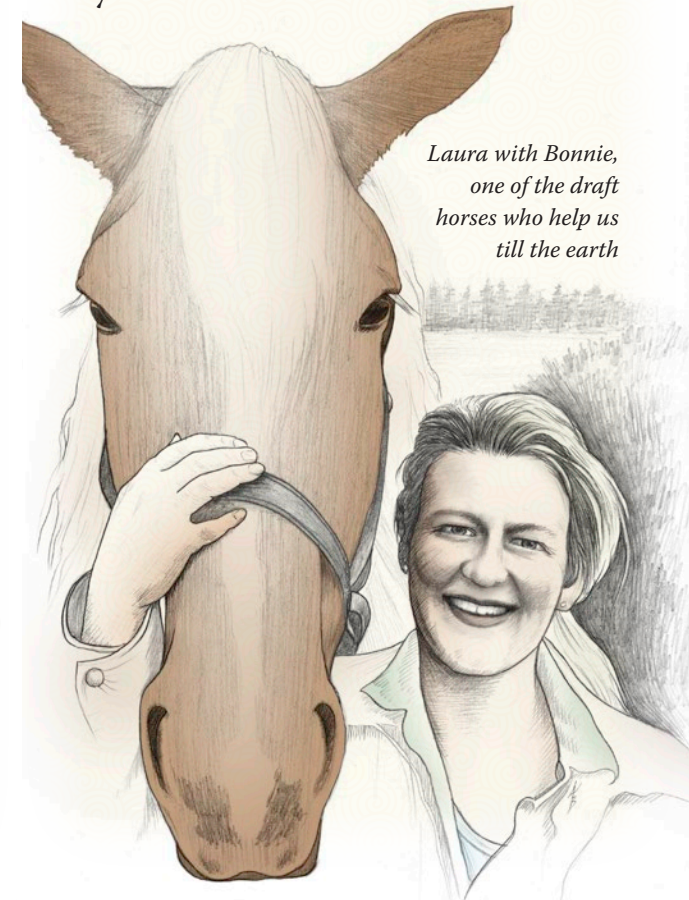


Since 1996, fresh, local,
sustainable and delicious
produce, straight from
our farm to you.



Laura Masterson's original inspiration for 47th Avenue Farm was simply to grow fresh, local produce for her friends and neighbors in SE Portland. Now, more than two dozen years later, her commitment to delicious, sustainably-farmed produce has earned her vegetables a trusted spot in Portland's top restaurants and on the tables of families that want the freshest and best.

How about yours? Let us show you around...



*Laura with Bonnie,
one of the draft
horses who help us
till the earth*

Let the seasons (*and us*) set your table.

Celebrating more than 27 years of Community Supported Agriculture (CSA) in Southeast Portland

THE HARVEST

Here in the Willamette Valley, our summer season starts in mid-May and continues through October, offering a changing menu every week as different vegetables reach their peak of flavor. Early spring starts with fresh herbs, fava beans, green garlic, and all the elements of a crisp salad. Sweet corn, heirloom tomatoes and other traditional summer crops reach their peak in August and September. In the fall, hardy winter staples like Japanese kabocha squash, toscano kale, and fingerling potatoes fill out the end-of-the-season shares.

All of our farm properties are managed sustainably using cover crops between vegetable rotations, beneficial insects, drip irrigation and conservation tillage techniques. This holistic farming system improves the tilth and fertility of the farmland. It also protects the woods, wetlands and communities that surround our farms. And it simply makes better vegetables.

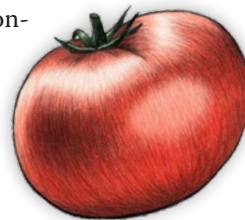


HOW IT WORKS

What would happen if a community *partnered* with its farmers to produce the freshest, most responsibly grown vegetables possible? Well, you'd have a CSA, an inspired model that's served us and our shareholders since 1996.

In conventional industrial agriculture, the value of produce is defined almost exclusively by price – not by how fresh or responsibly farmed it is – and that in turn fosters a race to the bottom: to be competitive and make a living, farmers have to cut corners. And in the process, we all lose.

In a CSA, members pay in advance for their share of the season's bountiful harvest. That not only provides financial support to farmers early in the cycle when they need it most, the certainty of income means they can allocate their resources more efficiently and responsibly: toward truly sustainable (and more labor intensive) farming practices, but also bringing shareholders unique, artisanal, and thoroughly tasty produce.



We think you'll love it. You'll stop by our farm's SE Portland pick up location once a week through the growing season to fill a bag or more (depending on the share option you've chosen) of freshly-picked veggies. A list will tell you how much food to take, and there's ample opportunity for sampling and socializing.

SHARE OPTIONS

REGULAR SHARE

Every household is different, but in our experience, this share will provide most of the vegetables needed to feed smaller households, including couples.

LARGE SHARE

This share is perfect for feeding a family of four for the week.

WORKING SHARE

In exchange for twelve (12) hours of work during the season, members receive a \$30 discount off the share price.

Summer pickups are every Tuesday,
and run May 16th through
October 24th, 2023



2023 SUMMER SHAREHOLDER AGREEMENT

NAME _____

ADDRESS _____

EMAIL _____

PHONE _____

SIGN ME UP FOR:

___ Regular Share(s) @ \$795 \$ _____

___ Family Share(s) @ \$1450 \$ _____

☒ Member-only access to
CookWithWhatYouHave.com \$ **INCLUDED!**

☐ Contribution to help make a
"scholarship" share available
for a low-income family. \$ _____

☐ Deduct \$30 if working share – \$ _____

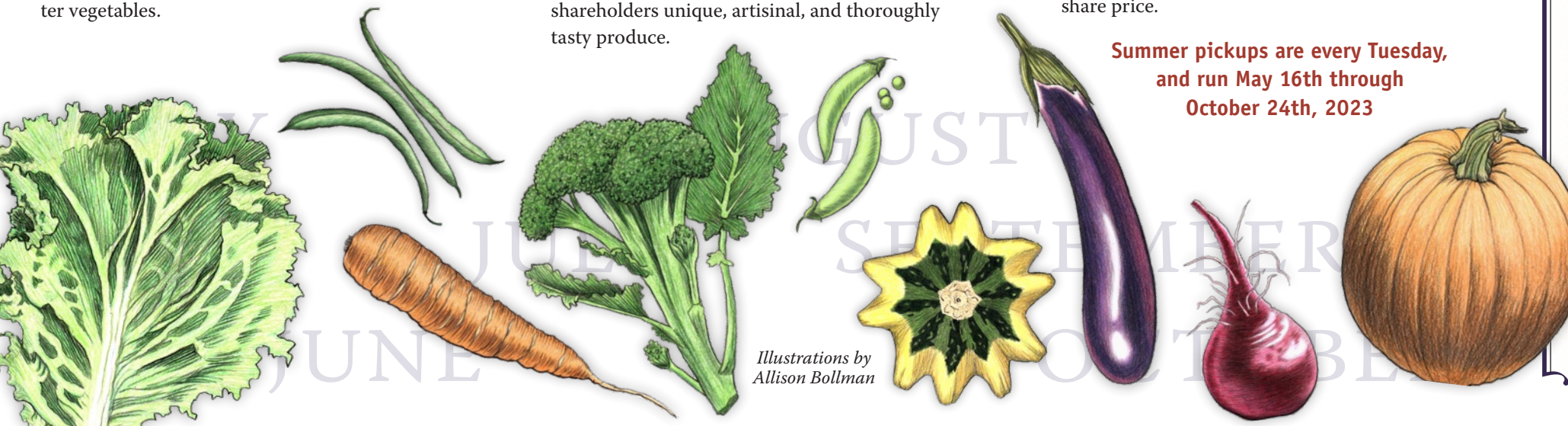
TOTAL ENCLOSED \$ _____



Shares are limited, so to assure your place,
please complete this shareholder agreement to
and send it with a check payable to:

Laura Masterson
6632 SE 47th Ave.
Portland, Oregon 97206

PLEASE NOTE: While a share entitles you to the bounty of the harvest, it also means a share of the risk. On occasion a crop may fail due to inclement weather, pests, disease, or other conditions beyond our control. Our goal is to bring you, despite these challenges, an abundant and diverse harvest throughout the season.



Illustrations by
Allison Bollman